

Ty Penbont House

Sandwiches and Baguettes

Our sandwiches are available on thick sliced white or wholemeal loaf or warm freshly baked baguettes. All served with side salad and homemade coleslaw. Choose from a selection of these delicious fillings. For just £2 add a hot bowl of homemade soup of the day to your sandwich selection.

Ploughman's – Welsh cheese, sliced red onion, tomato, and pickle £4.50/£5.00(V,GF)

Roast Ham – Ham, sliced tomato and fresh watercress with smooth English mustard £4.50/£5.00(GF)

Roast Beef – Welsh roast beef, sliced red onion, peppery rocket leaves and creamed horseradish £4.50/£5.00(GF)

ELT – Locally sourced crispy bacon, crunchy iceberg lettuce and sliced tomatoes £5.00/£6.00(GF)

Cheese and Tomato – Creamy Mozzarella, sliced fresh tomato, homemade basil pesto and sliced avocado £4.50/£5.00(V,GF,VEGAN)

Prawn Marie Rose – Plump freshwater prawns served with crisp iceberg lettuce and creamy seafood sauce £5.50/£6.00(GF)

Tuna Mayonnaise – Tuna mayonnaise with fresh crisp cucumber £4.50/£5.00(GF)

Smoked Salmon – Sliced smoked salmon, sliced cucumber with lemon and black pepper cream cheese £5.50/£6.00(GF)

Roasted Vegetable – Slow roasted courgettes, red peppers, aubergine, red onions with garlic and herb cream cheese £4.50/£5.00(V,GF)

Toasted Bagels

We offer a selection of toasted bagels available on white, seeded or gluten free, all served with a crisp hash brown.

Bacon and Egg – Crispy bacon rashers and free range fried egg £5.50(GF)

Sausage and Onion Chutney – Locally sourced pork sausage with sticky red onion chutney £5.50(GF)

Portobello Mushroom and Mozzarella – Roasted Portobello mushroom with garlic, rosemary and creamy mozzarella £5.00(V,GF,VEGAN)

Smoked Salmon and Scrambled Egg – Smoked salmon slices and scrambled free range eggs £6.00(GF)

Vegetarian Sausage and Onion Chutney – Vegetarian Glamorgan sausage served with sticky red onion chutney £5.50(V,GF,VEGAN)

Baked Potatoes

Light and fluffy oven baked potato served with a choice of fillings and side salad.

Tuna Mayonnaise – Tuna mayonnaise with fresh spring onions £6.00(GF)

Prawn Marie Rose – Plump freshwater prawns with seafood sauce £6.50(GF)

Cheese and Red Onion – Locally sourced Welsh cheese and red onions £6.00(V,GF)

Baked Beans and Cheese – A classic £6.00(V,GF)

Salads

Our salads have been designed to utilise and showcase the fantastic produce available to us from the local area. All served with a warm bread roll.

Cheese Ploughman's – Locally sourced Welsh cheese with mixed pickled vegetables, farmhouse pickle and piccalilli £7.00(V,GF)

Ham and Beef – Eilan Valley roasted beef, home baked ham, mixed pickles, vegetables, farmhouse pickle and piccalilli £7.50(GF)

Bacon and Black Pudding – Crispy bacon and black pudding pieces, mixed pickled vegetables and tomato chutney £7.50

Mozzarella, Tomato & Avocado – Creamy mozzarella, tomato, homemade basil pesto dressing and sliced avocado £7.00(V,GF,VEGAN)

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Breakfast

Available all day, these breakfasts are sure to fill you up.

The Penbont Breakfast – Bacon, sausage, fried egg, Portobello mushroom, tomato, baked beans, hash brown and black pudding £9.50
Vegetarian Breakfast – Glamorgan sausage, baked beans, tomato, Portobello mushroom, hash and toast £8.00 (V,GF,VEGAN)

Platters

Our platters are available for one person or a larger sharing platter for two.

Farmhouse Ploughman's

Welsh cheese, Elan Valley roast beef, home baked ham, mixed pickled vegetables, farmhouse pickle, piccalilli and warm bread roll

For one £7.00

For two £12.00

Hummus and Dips

Homemade garlic hummus, carrot, cucumber, celery, tomato, warm flat bread and crackers (V,GF,VEGAN)

For one £7.00

For two £12.00

The Cheese Board

Specially selected Welsh cheese, crackers, celery, farmhouse pickle and tomato chutney (V)

For one £7.00

For Two £12.00

Side Orders

Triple cooked chips (V,GF,VEGAN) £3.00

House Salad (V,GF,VEGAN) £2.00

Buttered Toast (V,GF,VEGAN) £1.00

Fried Bread (V,GF,VEGAN) £1.00

Hash Browns (V,GF,VEGAN) £2.00

Ty *Penbont* *House*

Drinks

Cafetieres

- Cariad Welsh Managed Coffee £3.00
- Pure Sumatra Gayo Highland Coffee £3.50
- Pure Columbian Coffee £3.50
- Decaffeinated Columbian Arabica Coffee £3.50

Teas

- Welsh Brew £2.00
- Twinnings English Breakfast £2.00
- Decaffeinated Welsh Brew £2.00
- Decaffeinated Twinnings English Breakfast £2.00

Loose leaf Teas

- Welsh Brew Loose Leaf Tea £2.50
- Morgan's Brew Black Tea £2.50
- Morgan's Brew Toffee Tea £2.50
- Morgan's Brew Counting Sheep Chamomile Infusion £2.50
- Morgan's Brew Blackcurrant Fruit Infusion £2.50
- Morgan's Brew Green Man Green Tea and Lemongrass £2.50

Hot Chocolate

- Loaded Hot Chocolate - Hot chocolate with cream sprinkles and marshmallows £3.00
- Naked Chocolate - Just hot chocolate £2.50

Fizzy Drinks

- Heartsease Farm Traditional Lemonade £2.80
- Heartsease Farm Raspberry Lemonade £2.80
- Heartsease Farm Blackcurrant Crush £2.80
- Heartsease Farm Fiery Ginger Beer £2.80
- Coca-Cola £2.80 Diet Coke £2.80

Still Juices and Water

- Frobishers Fusion Orange and Passionfruit £2.90
- Frobishers Fusion Apple and Raspberry £2.90
- Frobishers Fusion Apple and Mango £2.90
- Still Pembrokeshire Water £2.00 Sparkling Pembrokeshire Water £2.00

Children

- Mambo Orange, Mango and Apple £2.00
- Mambo Apple and Blackcurrant £2.00