

Tij Penbont House

LUNCH MENU

Homemade Soup

Served with a warmed baguette.
(GF, DF, V, Vg*)

£5.00

Farmhouse Ploughman's

Classic ploughman's lunch with the choice of ham, cheddar cheese or both!
(GF, DF, V, Vg*)

£6.00

Sandwiches & Baguettes & Bagels:

On white or wholemeal bread. (GF, DF, V, Vg*)

All served with a side salad and homemade coleslaw.

Fillings available:

£5.50

- Ham with Salad/Mustard (GF, DF*)
- Cheese with Salad/Onion/Branston Pickle/Tomato (GF, DF, V, Vg*)
- Ham and Cheese (GF, DF*)
- Tuna Mayonnaise (GF*)
- BLT (GF, DF*)
- Prawn Marie Rose (50p supplement) (GF*)

Hot Fillings available:

£6.00

- Bacon (GF*)
- Sausage
- Vegetarian Sausage (V*)

Jacket Potatoes

Oven baked jacket potato with a choice of one or two fillings.
Served with a side salad and homemade coleslaw. (GF, DF, V, Vg*)

One Filling £6.00

Two Fillings £6.50

Fillings available:

- Heinz Baked Beans (GF, DF, V, Vg*)
- Cheddar Cheese (GF, DF, V, Vg*)
- Tuna Mayonnaise (GF*)
- Prawn Marie Rose (50p supplement) (GF*)

Side Orders

Homecut Skin-on Chips (GF, DF, V, Vg)

£2.50

Specials Check our blackboards to see what specials are on today!

Cakes A variety of homemade cakes are available. Please see the blackboards inside to check what's fresh and available today 😊

Gluten Free bread is available, we also stock Soya Milk. There is a range of food available for vegetarian, vegan, gluten and dairy free. So please feel free to ask the waiting staff for details.

Ty Penbont House

DRINKS MENU

Cafetieres

Cariad Welsh Managed Coffee	£3.00
Pure Sumatra Gayo Highland Coffee	£3.00
Pure Columbian Coffee	£3.00
Decaffeinated Columbian Arabica Coffee	£3.00
Mug of Classic Milky Coffee	£2.00

Teas

Welsh Brew Loose Leaf Tea	£2.50
Morgan's Brew Black Tea	£2.50
Morgan's Brew Toffee Tea	£2.50
Morgan's Brew Counting Sheep Chamomile Infusion	£2.50
Morgan's Brew Blackcurrant Fruit Infusion	£2.50
Morgan's Brew Green Man Green Tea and Lemongrass	£2.50
Decaffeinated Welsh Brew (tea bag)	£2.00
Decaffeinated Twinings English Breakfast (tea bag)	£2.00

Fizzy Drinks

Heartsease Farm Traditional Lemonade	£2.20
Heartsease Farm Raspberry Lemonade	£2.20
Heartsease Farm Blackcurrant Crush	£2.20
Heartsease Farm Fiery Ginger Beer	£2.20
Coca-Cola	£2.20
Diet Coke	£2.20

Still Juices and Water

Frobishers Fusion Orange and Passionfruit	£2.20
Frobishers Fusion Apple and Raspberry	£2.20
Frobishers Fusion Apple and Mango	£2.20
Still Pembrokeshire Water	£1.80
Sparkling Pembrokeshire Water	£1.80

Table water is only available with a meal.

Children

Mambo Orange, Mango and Apple	£2.00
Mambo Apple and Blackcurrant	£2.00
Glass of Blackcurrant or Orange Squash	£1.00